

# 2017 OUTDOOR TRACK - EVENT LIST

3/21/17

## FIELD EVENTS

	* Girls	* Boys	* Central /West MA Division 1 Qualification Standards (2017) (Fully Automated Times - FAT)
Shot Put	29' 0.75"	40' 0.5"	
Discus	82' 2"	113' 6"	
Javelin	93' 2"	132' 2"	
Pole Vault	8' 0"	10' 10"	
High Jump	4' 10"	5' 7"	
Long Jump	15' 6.75"	19' 5.5"	
Triple Jump	32' 7"	39' 4"	

## TRACK EVENTS

	* Girls	* Boys
100M Dash	13.34	11.66
100/110M Hurdles	17.34	16.80
400M Hurdles	72.04	62.09
200M	27.62	23.60
400M	64.26	52.49
800M	2:31.49	2:05.31
1 Mile	5:46.68	4:41.58
2 Mile	12:56.27	10:22.45
4x100M Relay	52.69	45.59
4x400M Relay	4:23.51	3:41.29
4x800M Relay	11:00.00	8:51.42

\*\* For dual meets, the 4x800M relay is not run.

For dual meets & League Meet, athletes can compete in no more than 2 Track and 2 Field events.
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For Central/West Div 1 Meet, athletes can compete in a maximum of 3 events. A school can enter as many competitors as have met the qualifying standards.
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